Dept: Nursing

Course number: INTD 150

Course title: Alcohol & Drugs on Campus: Exploring the College Culture & Effects on Society

Credits: 3

Contact Person: Sherry Bassi

Content Area: CA2

Catalog Copy: This interdisciplinary course will examine how alcohol and other drug (AOD) issues are of social concern for college students, the institution, the campus community and society. Discussions of controversial issues and service learning will be emphasized.

Course Information: This interdisciplinary course will examine how alcohol and other drug (AOD) issues are of social concern for college students, the institution, the campus community and society.

Objectives: 1. Acquire awareness of the unique characteristics of college-age AOD use and the effects on society as a whole.

2. Analyze the physiological, psychological, social, cultural and interpersonal aspects related to the prevention, risk reduction, health promotion, harm reduction, use, abuse, and dependency of alcohol and other drugs on American college campuses and in society.

3. Evaluate strategies to reduce students’ own AOD-related personal risk that they will ever experience any AOD-related problem at any time in life.

4. Complete a service learning project incorporating new knowledge that will support a proposed cultural shift on college campuses.

Course Requirements:

Student evaluation: Individual Participation 10 points, Reflective journal 20 points, Electronic self-inventories 10 points, Community assessment 15 points (mid-term), Service Learning 20 points, Final exam 25 points. Total= Based on 100 Points.

Teaching Strategies: Lecture, discussion, personal electronic inventories, group projects, field work and video development.

Major Themes: Assessment, Intervention and Service Learning. The initial focus will begin with an assessment of the individual student (self-inventory & reflective journaling). Students will then move towards a campus (community assessment) and societal understanding of assessment and appropriate intervention. Finally through the strategy of service learning students
will assimilate new knowledge and facilitate a cultural shift on campus, in preparation for their future professional roles.

**How Meets Goals of Gen Ed.:** -This course will challenge students to use critical judgment for personal decision making, gain new knowledge to promote healthy behavior, develop an ethical and moral foundation for understanding the cost of AOD use to society and become responsible for their own behavior on and off campus to assure that their academic success is not impeded by the effects of college AOD use.

**CA2 Criteria :** -The proposed course meets the requirements of the Social Science Requirements. Students will examine the social issues and problems caused by alcohol and other drug use at the individual, cultural, campus, societal, and national level. It will introduce students to theories and concepts related to addictions and health. Students will be introduced to social science methods such as community needs assessments, field placements, secondary data analysis, perhaps conducting focus groups and survey distribution in order to identify needs for developing a service learning project. Students will experience how AOD issues influence the behavior of individuals, specific campus groups, the community and society.

**Role of Grad Students:** -Graduate student assistant will be responsible for teaching content related to physiological effects of alcohol and other drugs and basic theory related to health issues such as DSMIV and alcohol poisoning. Supervised by Patricia Neafsey & Sherry Bassi from the School of Nursing. He or she will also be responsible for coordinating students during the service learning component. Will be supervised by Sherry Bassi & Tom Szigethy.

**Supplementary Information:** -This course is being offered by an interdisciplinary team with all members having exceptional expertise that relates directly to the course goals and objectives. Sherry Bassi is a certified Clinical Nurse Specialist in Community Health specializing in substance abuse. Tom Szigethy, Director of AOD services on the UCONN campus possesses both clinical and teaching experience in the subject area of substance abuse. Patricia Neafsey a pharmacist and toxicologist [with an emphasis on alcohol and other drugs] is the teams’ content expert and senior researcher. She is joined by Caroline Lin a health communications scholar and senior researcher who is an expert in social marketing campaigns using information technology to disseminate AOD prevention and intervention information.